## My History of Higher Education Activity

Review and Evaluate YOUR History of Higher Education

## **Directions:**

Review the example below to get an idea how to start your history

Using a blank sheet of paper or something to write, begin writing your own history of higher education.

Here are some things to think about:

a. Can be family members, friends, or your support network

b. Include college majors and jobs

i. It is completely fine if you are first to go into college in your family! Include what your family did for jobs/other experiences

Questions to Reflect on:

What patterns did you find in your history of higher education?

How do you feel your family/friends/support networkers' experiences impact your own journey in picking a major?

a. If you've completed the common thoughts worksheet, what common thoughts did you mark that might be due to your history of higher education? Why?



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